



November/December 2024

Issue 7

'Keep it in Your Locker'

An empowering new film has been commissioned by Swim England in a bid to prevent its teenage members falling foul of a key safeguarding policy change.



STRICTLY NO PHONES IN ANY CHANGING AREAS

'Keep it in Your Locker' aims to raise awareness of a recently-introduced element in Wavepower which prohibits the use of a mobile phone or device in changing rooms during Swim England regulated activity. Please see the link on the website for further information.

#Small club big talent

WE'RE ON THE WEB!

WWW.SKIPTONSC.CO.UK

A&W Interclub gala success!

A massive well done to everyone who attended the A&W interclub gala. An amazing 45 swimmers took part and helped Skipton bring home gold! This year we came away with 2 significant wins; the team finale and the cannon. From some of our youngest swimmers to our squad and national qualifiers it was a fantastic team event with some amazing individual and relay swims.

Thank you to all the parents for coming to support us and a big thank you to all the volunteers who helped, from organising the entries, coaches, team managers, time keepers, helping on the door and refreshments....these events couldn't run without you.



Up and coming meets:

Swim England Winter National Competition

5th - 8th December 2024

Stepping Stones Gala 1

7th December 2024

City of Bradford Christmas long course

21st - 22nd December 2024

Harrogate Janus

4th - 5th January 2025

Yorkshire Championships 2025

8th - 9th February 2025 - Leeds

15th - 16th February 2025 - Leeds

22nd - 23rd February 2025 - Sheffield

Stepping Stones Gala 2

15th March 2025

Sheffield City Spring Open Meet

29th March 2025

Regional swim camp

Swim England North East hosted a "Regional Super Camp" held on Saturday 23rd November at Sunderland aquatics centre. The day offered an array of workshops and activities led by top tier professionals with special guest speakers from Elliot Clogg and Kevin Pickard. Congratulations to Poppy Dunne, Micah Warner, Stanley Dunne, Phoebe Oliver and Betsy Rider from Skipton who were selected to attend along with coach Tim Redfearn.

Congratulations!

Well done to Sam Smith who has completed his Level 2 SEQ swim teacher qualification and Phoebe Oliver who has completed her SEQ level 1 and 2 swim teacher qualification.

Phoebe has also completed the requirements for the young poolside volunteer and will now be helping Wednesdays.



Skipton swimmers shine at the Winter National Championships

From the 5th to the 8th December a number of Skipton Swimming Club swimmers took to the pool as part of the Swim England National Winter Championships.

Day one saw Sean Smith and Sam Smith race in the 50m butterfly heats, with Sam Smith racing to a new personal best of 24.70 to secure a place in the junior final, as well as breaking the Skipton Swimming Club 17 years club record previously held by Ned Sharp. He then re-broke this record in the final with a time of 24.56 to place 4th. Later in the session another club record went down as Sean Smith swam a time of 59.08 in the 100m individual medley heats to qualify for the junior final, where he further improved to swim 58.84 and re-break his own record. Micah Warner also swam in the 100m individual medley heats with a time of 1.02.85.

Day two saw both Jack Jenkinson and Sam Smith diving in for the 200m freestyle where yet another club record was broken. Jack Jenkinson swam to a noteworthy time of 1.51.85 which beat the previous record held by Ned Sharp, to place respectably in the open category. Sam Smith also swam to a new lifetime best of 1.53.04. This was followed by Sean Smith in the 50m backstroke, swimming to a new lifetime best of 26.87, breaking the previous club record held by Roan Sherriff and being the first Skipton Swimming club 17 year old to break the 27.00 second barrier.

On day three more Skipton swimmers took to the pool, with Poppy Dunne demolishing her previous best time by swimming a 1.06.70 in the 100m individual medley, which broke the previous club record held by Paige Fenton. We also saw three Skipton swimmers racing in the men's 50m freestyle – Sean Smith, Sam Smith and Jack Jenkinson. This race saw a personal best from Jack Jenkinson who swam a 23.40, shortly before Sam Smith swam to a new personal best of 22.95, qualifying for the junior final. This broke the previous club record of 23.01 held by Rohan Smith, making Sam the first Skipton swimmer to break the 23.00 second barrier in the 50m freestyle. Sean Smith also swam a time of 24.03.

Later in this session we saw Sean Smith and Sam Smith take to the 100m butterfly, where Sean Smith displayed a strong front end to swim a 57.71. This was followed by Sam Smith swimming a 54.92 to break the 17 year old club record previously held by Ned Sharp to qualify for the open B-final. Sam Smith would place 7th in the 50m freestyle junior final and 10th in the 100m butterfly open final.

The last day saw Sam Smith in the 100m freestyle, and Sean Smith in the 50m breaststroke. There, Sam Smith swam a new lifetime of best of 50.59 in the 100m freestyle to qualify for the junior final. Later in the session, Sean Smith completed his busy schedule of events with a new lifetime best in the 50m breaststroke, with a time of 29.85 to place 31st nationally in the junior category. Sam Smith would go on to place 10th in the junior final.

By Sam Smith



Pictured: Coach Tim Redfearn with qualifiers Quinn Austin Kelly, Sean Smith, Jack Jenkinson, Micah Warner, Poppy Dunne and Sam Smith

Membership renewals

Correspondence has been sent out regarding the annual Swim England renewals, due in January. Please ensure the membership form is completed see link below and parents and swimmers have read the code of conduct.

[Membership renewals 2025 - Google Forms](#)

Please contact club treasurer (treasurer@skiptonsc.co.uk) or club secretary (secretary@skiptonsc.co.uk) if any further information is required.

Fundraising

Thank you to everyone who volunteered for an amazing day of bag packing on Saturday 7th December.



We didn't beat last years total but made £246 which was absolutely brilliant! A massive thank you to the 31 members who volunteered their time and effort on such a busy weekend. Some volunteers had been on the go since 7am, with morning training, bag packing then stepping stones as well

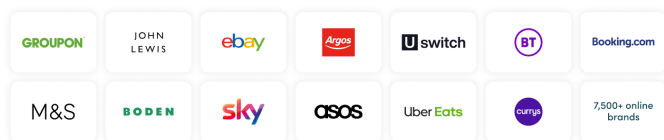
A big shout out to Joe Burgess who has supported bag packing at every event since 2018!



Make your Christmas shopping count!!

When you visit your favourite retailers via the easyfundraising website every penny spent helps Skipton Swimming Club. It's an easy and free way to help us raise funds, easyfundraising partners with over 8,000 brands who will donate part of what you spend to a cause of your choice at no extra cost to you!

It's so easy to sign up, please use the QR code or copy and paste the link www.easyfundraising.org.uk/causes/skipton-swimming-club-



Christmas training dates:

Monday 23rd December - Training as normal

Tuesday 24th December - No training

Christmas Day 25th December - No training

Boxing Day 26th December - No training

Friday 27th December am - 10-11:30 invite only

Friday 27th December pm—No training

Saturday 28th December - No training

Sunday 29th December - 10-11:30 invite only

Monday 30th December - 10-11:30 invite only

Tuesday 31st December - No training

New Years Day 1st January - No training

Thursday 2nd January - Back to normal



Following the roll out of Team Unify this year we are looking to utilise it more. If you haven't already, please download the app so you can access all the latest information on upcoming meets, track your personal bests, and receive important notes from our coaches. You can find the TeamUnify app on the App Store for iOS devices and on Google Play for Android devices. Please contact club secretary Rachel on secretary@skiptonsc.co.uk if you require any further assistance.

We would like to wish you all a very
Merry Christmas
we are very grateful for all your continued support.
Hope you have a wonderful New year and we look forward to seeing you in 2025
Love from
Skipton Swimming Club