

WE'RE ON THE WEB!

WWW.SKIPTONSC.CO.UK

North East Regional championships 2025



The North East Regionals Long Course Championships were held across three weekends, at two of the region's top venues — the John Charles Centre for Sport and Ponds Forge International Sports Centre.

It was a fantastic showcase of talent from across the region, and Skipton was proud to have a strong presence with 6 swimmers in the Age Group category and 13 swimmers in the Open/Youth category.

Strong Performances Across All Age Groups:

In the Age Group events, our swimmers delivered exceptional performances! Betsy Rider powered her way into the 50m and 100m breaststroke finals in the 14 year old age group. Ada Barker produced an outstanding sprint to secure a place in the 50m freestyle final. Will Barnes had a remarkable meet, reaching the 50m, 100m and 200m Breaststroke finals.

A standout performance came from Will, who built on his Yorkshire Championships success by claiming **GOLD** in the 50m breaststroke in the 11-12 year old age group, with a personal best of 37.66 seconds — a brilliant swim!

Across the Open and Youth/16 & Under categories, Skipton swimmers continued to shine:

Stanley Dunne and Jack Barnes both reached the final the 100m breaststroke for the 16 & Under category finishing 6th and 10th respectively. Quinn-Austin Kelly also impressed, earning a place in the Open final for the 100m breaststroke!

Jack, Stanley and Quinn again had fantastic swims in the breaststroke events. With Jack securing a place in the 50m final and Stanley and Quinn in the 200m breaststroke finals — Quinn competing in the Open category, and Stanley in the Youth/16 & Under.

Sam Smith made the final in the 100m butterfly and followed it up with a strong showing in the Open 50m freestyle final.

A fantastic swim from Will Skiggs earned him a place in the open 50m backstroke final!

In the 16 & Under /Youth 50m freestyle, both Ciara O'Carroll and Olivia Batty sprinted their way into the final!

Congratulations to all our swimmers who qualified, competed, and gave their best over the course of the championships. Your hard work, focus, and determination were clear to see and made Skipton proud.

As always, a big **thank you** goes out to our dedicated coaches and team managers, who generously give up their weekends and volunteer their time to support our athletes, and make these events possible.

Yorkshire Sports Dietitians

A big thank you to everyone who attended our recent nutrition talk for our squad and development swimmers, and a special thanks to Fay and Izzy from Yorkshire Sports Dietitians for delivering such an engaging and informative session.



The talk offered invaluable insights into the importance of good nutrition around training and competing, with plenty of practical tips on how to fuel for performance and support recovery. We're incredibly grateful for their expertise and the time they took to support our swimmers' development.

The key resources and materials from the session have been shared to the whole club via email. Nutrition is a vital part of progress, and we hope these tools will help support your swimmers throughout their swimming journey.

If you have any "go to" swim snacks that you would like to share as a newsletter feature please send to secretary@skiptonsc.co.uk



Save the date!

We're excited to announce the return of our Annual Presentation Evening — a fun-filled evening to celebrate and recognise the swimmers achievements, hard work and dedication over the year!

- ★ **Date:** 27th September 2025
- ★ **Time:** TBC
- ★ **Location:** Skipton Community Sports Hub, Sandylands

Join us for an evening of:

- * Awards, Trophies and Presentations
- * Delicious food and drink
- * Disco & tombola

More details to follow soon!

Please return any trophies from last years gala before the summer break ready for our presentation night in September.

These can be handed in to Sam our trophy coordinator, or any of the committee.

Thank you

If you haven't already had chance to check them out yet, please see link below for photos taken at our last Stepping Stones gala 2! One of the parents from Settle generously offered to take photographs as part of a joint fundraiser for both Skipton and Settle.

She truly captured the spirit and atmosphere of the day and there are some amazing shots available!

If you would like to purchase any of the photos please use the link and access code below:

[WINK Photo Studio](#)

Access code SS25

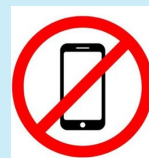
Summer Break:

Dates for Summer break confirmed as

Monday 4th - 25th August

Please don't forget... 'Keep it in Your Locker'

An empowering new film has been commissioned by Swim England in a bid to prevent its teenage members falling foul of a key safeguarding policy change.



STRICTLY NO PHONES IN ANY CHANGING AREAS

'Keep it in Your Locker' aims to raise awareness of a recently-introduced element in Wavepower which prohibits the use of a mobile phone or device in changing rooms during Swim England regulated activity. Please see the link on the website for further information.

Fundraising



★ **Don't forget our** fundraising coffee morning at Grassington Café on **Saturday, 14th June!**

★ **Join Our 100 Club Today!**

Have you joined our 100 Club yet? For just £1 a month per number, you can be part of something special! Not only will you be supporting the club, but you also have the chance to win a share of the monthly cash prize!

★ **Easyfundraising**

Shopping via the easyfundraising website is an easy and free way to help us raise funds, easyfundraising partners with over 8,000 brands who will donate part of what you spend to a cause of your choice at no extra cost to you!

www.easyfundraising.org.uk/causes/skipton-swimming-club-

We have a number of exciting events coming up including the **Grassington coffee morning fundraiser**, **Stepping Stones 3** and our annual **Club Gala!**

To help make these events a great success, we would greatly appreciate any **raffle or tombola prize donations**. Every little contribution helps! ❤️

If you'd like to donate, please feel free to hand your items to any member of the committee.

Upcoming meets:

York Vikings Sprints

31st May 2025

All Club - closed for entries

Stepping Stones Gala 3

7th June 2025

All Club - closed for entries

A&W Gala 3

21st June 2025

All Club—entries close 4th June

City of Bradford long course

28th - 29th June 2025

All Club - closed for entries

Harrogate Extravaganza

5th - 6th July 2025

All Club - closed for entries

Skipton Club Gala

13th July 2025

All Club—entries close 1st July

Aquatics GB Next Gen

19th - 25th July 2025

Qualifiers will be contacted

SE Summer Nationals

29th July - 3rd August 2025

Qualifiers will be contacted

Doncaster Dartes

14th September 2025

All Club - closed for entries

A&W Gala 4

20th September 2025

All Club

COSS Teaspoon Gala

21st September 2025

All Club—entries close 5th July

Please see the skiptonsc.co.uk for the most up to date information on meets, entry criteria and most importantly registration deadlines.

Many of the meets have a quick turnaround and there is a lot of admin work involved please avoid late entries.

Please contact competitions@skiptonsc.co.uk if you have any queries regarding meets.

Stepping Stones 3 Gala - 7th June

A big **THANK YOU** to our generous sponsor, Le Caveau restaurant, for supporting the Stepping Stones 3 gala. We really appreciate their support in making these galas possible, and hope you'll think of them for your next meal out!



**** Please email meetmanager@skiptonsc.co.uk if you would like more information about sponsoring our galas ****