



SwimMark
ESSENTIAL CLUB

The Elite Swimming Training Programme of the DMasa and Doncaster's Clubs
www.dartes.co.uk



Doncaster Dartes September Sprints Meet 2022

A/B/C Grade Gala
License Level 3 applied for
(Held under ASA Laws and Technical Rules)

Sunday, 11th September 2022 at
John Charles Centre for Sport Leeds

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over
All ages 50m Free, Back, Breast, Fly and 100m IM
9yrs ungraded with no cut-offs
All other ages Graded A, B & C with cut-offs. All events HDW.
Age on Day

Tons of Spot Prizes

Awards to top 3 in each age group and grade
Top Boy & Top Girls in each age group
Top Club

10 Lane 25m Pool with anti-wave ropes.
Electronic timing & scoreboard. Large car park. Swim Shop.
Food available all day.

Entry Fees: £6.50 per individual event.
Entries accepted on a "**First come, first served**" basis.
Full-day Coaches Pass: £15.00 – includes programme, start lists & results by web.

Spectator tickets to be purchased on the day

Information available online at www.dartes.co.uk
Entry Secretary: Carol Shephard
Email: meets@dartes.co.uk

Closing Date: 28th August 2022

Promoter: **Gail Burton**



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September Sprints

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Session Times

Session 1			
Check-in Sheets by 08:10 Warm-up 08:00 First Heat: 09:00			
Event	Gender	Age	Stroke
101.	Girls	11,12 & 15yrs +	100m Medley
102.	Boys	9,10,13 & 14yrs	100m Medley
103.	Girls	11 & 12yrs	50m Back
104.	Boys	9 & 10yrs	50m Breast
105.	Girls	15yrs +	50m Fly
106.	Boys	13 & 14yrs	50m Free
107.	Girls	11 & 12yrs	50m Breast
108.	Boys	9 & 10yrs	50m Back
109.	Girls	15yrs +	50m Free
110.	Boys	13 & 14yrs	50m Fly
111.	Girls	11 & 12yrs	50m Free
112.	Boys	9 & 10yrs	50m Fly
113.	Girls	15yrs +	50m Back
114.	Boys	13 & 14yrs	50m Breast
115.	Girls	11 & 12yrs	50m Fly
116.	Boys	9 & 10yrs	50m Free
117.	Girls	15yrs +	50m Breast
118.	Boys	13 & 14yrs	50m Back

Session 2			
Check-in Sheets by 13:10 Warm-up: 13:00 First Heat: 14:00			
Event	Gender	Age	Stroke
201.	Girls	9,10,13 & 14yrs	100m Medley
202.	Boys	11,12 & 15yrs +	100m Medley
203.	Girls	9 & 10yrs	50m Back
204.	Boys	11 & 12yrs	50m Breast
205.	Girls	13 & 14yrs	50m Fly
206.	Boys	15yrs +	50m Free
207.	Girls	9 & 10yrs	50m Breast
208.	Boys	11 & 12yrs	50m Back
209.	Girls	13 & 14yrs	50m Free
210.	Boys	15yrs +	50m Fly
211.	Girls	9 & 10yrs	50m Free
212.	Boys	11 & 12yrs	50m Fly
213.	Girls	13 & 14yrs	50m Back
214.	Boys	15yrs +	50m Breast
215.	Girls	9 & 10yrs	50m Fly
216.	Boys	11 & 12yrs	50m Free
217.	Girls	13 & 14yrs	50m Breast
218.	Boys	15yrs +	50m Back



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Cut-off Times

Boys Cut-Off Times (No faster than)						
		50m Free	50m Fly	50m Back	50m Breast	100m IM
10yrs	A	33.50	38.50	39.50	43.50	1:28.00
	B	38.50	43.50	45.50	49.50	1:38.00
	C	43.50	49.50	51.50	56.50	1:51.00
11yrs	A	31.50	35.50	36.50	39.50	1:21.00
	B	35.50	39.50	41.50	45.50	1:32.00
	C	39.50	45.50	46.50	52.50	1:43.00
12yrs	A	29.50	32.50	33.50	37.50	1:16.00
	B	33.50	37.50	38.50	42.50	1:26.00
	C	37.50	42.50	43.50	48.50	1:36.00
13yrs	A	28.50	31.50	32.50	35.50	1:11.00
	B	31.50	35.50	36.50	39.50	1:19.00
	C	36.50	39.50	39.50	44.50	1:31.00
14yrs	A	27.50	29.50	29.50	33.50	1:08.00
	B	29.50	33.50	34.50	38.50	1:17.00
	C	34.50	37.50	39.50	43.50	1:27.00
15yrs+	A	25.50	27.50	28.50	31.50	1:02.00
	B	29.50	31.50	32.50	36.50	1:13.00
	C	33.50	36.50	36.50	41.50	1:22.00
Girls Cut-Off Times (No faster than)						
		50m Free	50m Fly	50m Back	50m Breast	100m IM
10yrs	A	34.50	38.50	39.50	44.50	1:28.00
	B	39.50	43.50	44.50	50.50	1:40.00
	C	44.50	48.50	50.50	57.50	1:52.00
11yrs	A	31.50	35.50	35.50	40.50	1:21.00
	B	35.50	39.50	40.50	46.50	1:31.00
	C	40.50	45.50	45.50	52.50	1:43.00
12yrs	A	30.50	33.50	34.50	38.50	1:17.00
	B	34.50	38.50	39.50	43.50	1:27.00
	C	39.50	43.50	44.50	49.50	1:38.00
13yrs	A	29.50	32.50	33.50	37.50	1:14.00
	B	33.50	36.50	37.50	42.50	1:24.00
	C	38.50	41.50	42.50	47.50	1:34.00
14yrs	A	28.50	31.50	32.50	36.50	1:14.00
	B	32.50	35.50	36.50	41.50	1:22.00
	C	36.50	40.50	42.50	46.50	1:33.00
15yrs+	A	27.50	30.50	32.50	35.50	1:10.00
	B	31.50	34.50	36.50	40.50	1:19.00
	C	35.50	39.50	41.50	45.50	1:30.00



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Meet Conditions

1. The Promoter for this event is Gail Burton
2. The Competition will be held under ASA Law & Technical Rules.
3. The one start rule will apply.
4. Over the top starts may be used at the Promoter's discretion.
5. Swimmers are requested to remain in the water until asked to leave the pool.
6. All individual events will be heat declared winners.
7. The pool is 25m long, 10 lanes with anti-wave lane ropes and electronic timing. A secondary strobe is available.
8. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
9. Age Groups are 9, 10, 11, 12, 13, 14, and 15 years & over.
10. Ages are as at midnight 11th September 2022.
11. Entries will only be accepted online at www.openmeets.co.uk. Paper or email entries will not be accepted.
12. Entry times are to be based on 25m pool times or converted 50m pool times by use of the ASA Conversion Tables and should be slower than the published cut-offs.
13. The closing date for entries is midnight, 28th August 2022 and refers the final date on which entries must be received by the Meet Secretary.
14. Entries open on 30th April 2022. Entries are accepted on the 'first come, first served' basis only.
15. Poolside entries may be accepted at the discretion of the Promoter.
16. This meet will operate as a CARDLESS meet. Check-in sheets will be provided to team managers who must return them to race control by the stated time for each session.
17. The fees for this event are £6.50 for each individual entry.
18. Coaches and Team Managers MUST wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and Coaches/Team Managers with a valid Coaches pass will be allowed on poolside.
19. Coach passes are priced at £15.00 each and include programme, start lists and access to full and club specific results.
20. Coaches and Team Managers are requested to ensure their swimmers respect the officials and are silent at the start of each heat. Team Managers / Coaches must supervise the warm up of their swimmers.
21. All fee payments made via bacs or cheque must include the Openmeets meet reference and entry form number(s).
22. All clubs submitting 10 or more swimmers are requested to provide a timekeeper or level1 official (please forward names and registration number for official nominated by email to meets@dartes.co.uk.)
23. The Referees decision is final.
24. Trophies/medals/awards will be made for each event to the first three in each age group and grade.
25. Presentations will only be made for the top boy/girls, top club. All other awards should be collected from the awards table during the meet.
26. Points will be awarded (6, 5, 4, 3, 2 and 1) to the first six in each event, age group and grade. These points will be totalled to decide Top Boy & Top Girl for each age group and the top club overall. In the event of a tie on points the award will be given to the swimmer/club with the most 1st places.
27. Admission for spectators will be £4.50 per session, £8.00 for a full day for adults, £3 per session, £5 all day OAP/ Children. Spectator tickets are to be purchased on the day. The spectator area will be cleared between sessions.
28. Refreshments may be obtained in the cafeteria but may not be taken on poolside.
29. A swim shop may be in operation throughout the gala.
30. Any point not covered by these rules will be at the discretion of the promoter.