



SKIPTON SC DO AND DON'T

- **DON'T ATTEND TRAINING IF YOU OR YOUR FAMILY DISPLAY ANY SYMPTOMS OF COVID-19**
- DO REPORT ANY COVID-19 SYMPTOMS IMMEDIATELY
- DO ARRIVE AT TRAINING 'BEACH READY'
- DON'T USE SHOWERS POST TRAINING
- DO ONLY USE OWN EQUIPMENT
- DO USE INDIVIDUAL CHANGING ROOMS ONLY
- DO LISTEN TO YOUR COACH
- DO FOLLOW ALL CURRENT SOCIAL DISTANCING GUIDELINES WHERE POSSIBLE
- DO ENJOY YOUR TRAINING!!!

**NO PUBLIC ALLOWED IN THE SPECTATORS GALLERY
AT CRAVEN OR CAFÉ/VIEWING AREA AT B'WICK**