

# City Of Wakefield Season Opener 2020

Held under Swim England Regulations and Technical Rules

Level 3 Licensed Meet - Licence No: TBC

Affiliated to Swim England North East Region and Yorkshire Swimming Association

**Sunday 6<sup>th</sup> September 2020**

**The Aquatic Centre, John Charles Centre for Sport,**

Middleton Grove, Leeds LS11 5DJ

Ten lane, 25m pool with anti-wave lane ropes, electronic timing & scoreboard;  
25m swim down pool, large car park and cafeteria;

- **50m and 100m All Strokes**
- **100m Individual Medley**
- **11yrs & over 200m Individual Medley**
- **All events are Heat Declared Winners**
- **9yrs no cut-off times**

Age Groups - Girls / Boys - 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15/Over

Age as at 6th September 2020

Medals will be given to the top 6 in each age group

Swimmers who swim faster than the cut off times will receive a speeding ticket

Awards to Top Boy & Top Girl Overall

Award for the Top Visiting Club

## **Entries**

Entry Fee: £5.50 per event (BACS payments only).

Entries accepted on a "First-come-first-served" basis.

Entries must be made online at [www.openmeets.co.uk](http://www.openmeets.co.uk)

Results will be available on the Open Meets website.

Full-day Coach's Pass: £15.00 - including lunch, refreshments and start lists.

Spectator Admission will be £5 per session or £8.00 for the full day; Concessions £4.00 per session or £6 for the full day.

Closing Date for Entries: Friday 7th August 2020 or whenever the meet is at full capacity.

Please address any enquiries to: [cowsmeets@swimwakefield.com](mailto:cowsmeets@swimwakefield.com)

**We hope you enjoy our meet and have a successful day!**

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## Schedule

Sunday 6<sup>th</sup> September 2020

### Session 1 – Morning

Warm-up: 8am; First Heat: 9:00am

101 Girls 11 & Over 200m Individual Medley

102 Boys 100m Individual Medley

103 Girls 50m Backstroke

104 Boys 50m Backstroke

105 Girls 100m Butterfly

106 Boys 100m Butterfly

107 Girls 50m Freestyle

108 Boys 50m Freestyle

109 Girls 100m Breaststroke

110 Boys 100m Breaststroke

### Session 2 - Afternoon

Warm-up: 1pm; First Heat: 2:00pm

201 Boys 11 & Over 200m Individual Medley

202 Girls 100m Individual Medley

203 Boys 50m Breaststroke

204 Girls 50m Breaststroke

205 Boys 100m Backstroke

206 Girls 100m Backstroke

207 Boys 50m Butterfly

208 Girls 50m Butterfly

209 Boys 100m Freestyle

210 Girls 100m Freestyle

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Cut-off times based on 25m pool times (short course); converted long course times may be used.

<b>BOYS</b>	<b>9yrs</b>	<b>10yrs</b>	<b>11yrs</b>	<b>12yrs</b>	<b>13yrs</b>	<b>14yrs</b>	<b>15yrs/Over</b>
50m Freestyle	No cut off	31.5	30.0	29.0	28.0	26.0	24.5
100m Freestyle	No cut off	1.10.0	1.07.0	1.05.0	1.03.0	58.0	55.0
50m Breaststroke	No cut off	42.0	40.0	38.0	36.0	34.0	32.0
100m Breaststroke	No cut off	1.32.0	1.28.0	1.25.0	1.20.0	1.16.0	1.12.0
50m Butterfly	No cut off	35.0	34.0	33.0	31.5	28.5	26.5
100m Butterfly	No cut off	1.20.0	1.18.0	1.15.0	1.10.0	1.05.0	59.0
50m Backstroke	No cut off	38.0	36.0	34.0	32.5	30.5	28.5
100m Backstroke	No cut off	1.18.0	1.15.0	1.14.0	1.11.5	1.07.0	1.04.0
100m IM	No cut off	1.20.0	1.17.0	1.14.0	1.10.0	1.08.0	1.02.0
200m IM			2.50.0	2.45.0	2.34.0	2.25.0	2.18.0

<b>GIRLS</b>	<b>9yrs</b>	<b>10yrs</b>	<b>11yrs</b>	<b>12yrs</b>	<b>13yrs</b>	<b>14yrs</b>	<b>15yrs/Over</b>
50m Freestyle	No cut off	31.0	30.0	29.0	28.0	27.0	26.5
100m Freestyle	No cut off	1.07.5	1.05.0	1.03.5	1.02.0	1.01.0	58.0
50m Breaststroke	No cut off	40.0	38.0	36.5	36.0	35.5	35.0
100m Breaststroke	No cut off	1.27.5	1.24.5	1.23.5	1.21.5	1.18.0	1.15.0
50m Butterfly	No cut off	34.5	32.5	31.5	30.0	29.0	28.5
100m Butterfly	No cut off	1.18.0	1.14.0	1.12.0	1.10.0	1.08.0	1.06.0
50m Backstroke	No cut off	36.0	34.5	33.5	33.0	32.0	30.0
100m Backstroke	No cut off	1.17.0	1.15.0	1.13.0	1.11.0	1.09.0	1.05.0
100m IM	No cut off	1.20.0	1.17.0	1.14.0	1.12.0	1.10.0	1.08.0
200m IM			2.45.0	2.40.0	2.35.0	2.30.0	2.27.0

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## Meet Conditions

1. This is a Level 3 licensed meet (Licence number tbc); the times achieved may be used for entry into Yorkshire and North East Region Championships.
2. The Competition will be held under Swim England Regulations & Technical Rules.
3. The Promoter for this event is Mr Paul Messenger.
4. The one start rule will apply.
5. Over the top starts may be used at the Promoter's discretion.
6. Swimmers are requested to remain in the water until asked to leave the pool.
7. All events will be heat declared winners.
8. The pool is 25m long, 10 lanes with anti-wave lane ropes and electronic timing; swim down facilities will be available.
9. Age Groups are: Girls and Boys 9, 10, 11, 12, 13, 14, and 15 years & over.
10. Ages are as at 6<sup>th</sup> September 2020.
11. Entries will only be accepted online at [www.openmeets.co.uk](http://www.openmeets.co.uk) - Paper or printed entries will not be accepted.
12. Time entries are to be based on 25m pool times or converted 50m pool times by use of the ASA Conversion Tables; swimmers must not have swum faster than the cut-off times in the 12 months preceding entry.
13. The fees for this event are £5.50 per swim.
14. The closing date for entries is midnight, 7<sup>th</sup> August 2020 (or earlier if the meet is full), and refers to the final date on which entries must be submitted online.
15. Entries are accepted on the 'First come, first served basis' only, until session times are full based on the software entry system.
16. Poolside entries may be accepted at the discretion of the Promoter.
17. Should entries be over-subscribed, the promoter reserves the right to limit entries by rejection of the last entries to be received.
18. This meet will operate as a CARDLESS meet. All entry withdrawals must be presented to the recorder no later than 10 minutes after the start of the first warm-up for each session.
19. Withdrawals made after the closing date will not be refunded, except for withdrawals necessary on medical grounds, where evidence can be provided through a doctor's note.
20. Coaches and Team Managers MUST wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and Coaches/Team Managers with a valid Coach's pass will be allowed on Poolside.
21. Coaches' passes are priced at £15.00 each and include lunch, refreshments and start lists.

22. Coaches and Team Managers are requested to ensure their swimmers respect the officials and are silent at the start of each heat. Team Managers / Coaches must supervise the warm up of their swimmers.
23. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
24. Awards will be made for each event to the first six in each age group.
25. Presentations will only be made for the overall top boy/girl and top visiting club. All other awards should be collected from the awards table during the meet.
26. In each event, points will be awarded (6, 5, 4, 3, 2 and 1) to the first six in each age group. These points will be totalled to decide the Top Boy / Top Girl and the top visiting club overall. In the event of a tie on points the awards will be given to the swimmer/club with the most 1<sup>st</sup> places, then 2<sup>nd</sup> places and so on.
27. Any swimmer swimming faster than the cut-off time will receive a Speeding Ticket; Speeding Tickets have no point value for Top Boy/Girl or Top Club awards.
28. The results will be published on [www.openmeets.co.uk](http://www.openmeets.co.uk)
29. Admission for spectators will be £5 per session or £8.00 for the full day; concessions will be £4.00 per session or £6 for the full day.
30. Refreshments may be obtained in the cafeteria but may not be taken on to the poolside.
31. A swim shop may be in operation throughout the gala.
32. An accredited team of photographers may be present at the meet.
33. Payment details will be provided by openmeets; all payments made must have the openmeets entry reference code attached.
34. All payments to be made in a single payment via bacs for the full amount of fees associated with the attending club, paid by the club's treasurer/gala secretary by the set closing date.
35. Entries submitted by individuals/families will incur a non-refundable administration fee of £1.00.
36. Visiting clubs are kindly requested to provide at least one official per 10 swimmers; lunch and expenses will be offered; if you are able to help, please contact the meet promoter at [cowsmeets@swimwakefield.com](mailto:cowsmeets@swimwakefield.com)
37. The Referee's decision is Final.
38. Any point not covered by these rules will be at the discretion of the organisers and the lead referee.