

Jorvik Viking Sprints

Saturday 20 June 2020 @ John Charles Centre for Sport

This is an A, B & C Graded Short Course Sprints meet aimed at Club swimmers. This is a very popular sprints meet, fun, friendly and fast-paced. The meet is designed to give all swimmers a chance to race, whether it is their first meet or they are aiming for county/regional qualifying times. Cut off times attached - age groups are graded A, B & C and swimmers must not have swum faster than the upper limit time (Grade A) in the previous twelve months. All events HDW. For further information, please visit skiptonsc.co.uk

The entry fee is £5.50 per event plus admin of £2.00 per swimmer. Please send via bank transfer or make cheques payable to Skipton Swimming Club and place in the posting box at Craven Pool. Any queries please contact chairperson@skiptonsc.co.uk

Event Schedule

Session 1 Saturday 20 June 2020

Warm Up 8.00 am Start 9.00 am

- 101 Girls 11, 12 & 15+ years 100m IM
- 102 Boys 9, 10, 13 & 14 years 100m IM
- 103 Girls 11 & 12 years 50m Backstroke
- 104 Boys 9 & 10 years 50m Breaststroke
- 105 Girls 15+ years 50m Butterfly
- 106 Boys 13 & 14 years 50m Freestyle
- 107 Girls 11 & 12 years 50m Breaststroke
- 108 Boys 9 & 10 years 50m Backstroke
- 109 Girls 15+ years 50m Freestyle
- 110 Boys 13 & 14 years 50m Butterfly
- 111 Girls 11 & 12 years 50m Freestyle
- 112 Boys 9 & 10 years 50m Butterfly
- 113 Girls 15+ years 50m Backstroke
- 114 Boys 13 & 14 years 50m Breaststroke
- 115 Girls 11 & 12 years 50m Butterfly
- 116 Boys 9 & 10 years 50m Freestyle
- 117 Girls 15+ years 50m Breaststroke
- 118 Boys 13 & 14 50m Backstroke

Session 2 Saturday 20 June 2020

Warm Up 1.00 pm Start 2.00 pm

- 201 Girls 9, 10, 13 & 14 years 100m IM
- 202 Boys 11, 12 & 15+ years 100m IM
- 203 Girls 9 & 10 years 50m Backstroke
- 204 Boys 11 & 12 years 50m Breaststroke
- 205 Girls 13 & 14 years 50m Butterfly
- 206 Boys 15+ years 50m Freestyle
- 207 Girls 9 & 10 years 50m Breaststroke
- 208 Boys 11 & 12 years 50m Backstroke
- 209 Girls 13 & 14 years 50m Freestyle
- 210 Boys 15+ years 50m Butterfly
- 211 Girls 9 & 10 years 50m Freestyle
- 212 Boys 11 & 12 years 50m Butterfly
- 213 Girls 13 & 14 years 50m Backstroke
- 214 Boys 15+ years 50m Breaststroke
- 215 Girls 9 & 10 years 50m Butterfly
- 216 Boys 11 & 12 years 50m Freestyle
- 217 Girls 13 & 14 years 50m Breaststroke
- 218 Boys 15+ 50m Backstroke

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Saturday 20 June 2020

Closing Date: Monday 16 March 2020 8.30 pm

Name: _____

Age at 20 June 2020 _____

ASA Category Cat 1 Cat 2

Every swimmer requires ASA category 2 membership to swim at this event, if your swimmer currently has Cat 1 and needs to upgrade please contact secretary@skiptonsc.co.uk

Events	Entry Time
<input type="checkbox"/> 50 Free	_____
<input type="checkbox"/> 50 Back	_____
<input type="checkbox"/> 50 Breast	_____
<input type="checkbox"/> 50 Fly	_____
<input type="checkbox"/> 100 IM	_____

**** Minimum entry 2 events per swimmer**

Entry Fee: **£5.50 per event**
plus £2.00 admin per swimmer

Total payment £ _____

Please tick **Cheque** **Bank trans**

PLEASE ENSURE YOU SEND YOUR ENTRY MONEY
WHEN SUBMITTING YOUR FORM
NO PAYMENT NO SWIM

Skipton SC

Account 17847808 Sort Code 05-09-09

Ref: *Swimmer* Jorvik

Contact Name:

Contact Number:

Cheques to be made payable to Skipton Swimming Club

Viking Sprints – Three Grades Meet

Cut-off Times

Swimmers will be graded by times swum on the day.

Boys Cut-Off Times (no faster than)						
Age	Grade	50m Fly	50m Back	50m Breast	50m Free	100m IM
9 years	A	44.10	47.20	49.70	37.20	1:36.40
	B	49.60	51.30	54.30	42.40	1:46.50
	C	54.20	57.80	1:01.60	47.70	1:57.20
10 years	A	39.00	41.10	44.70	34.80	1:28.60
	B	43.90	46.20	50.30	39.14	1:39.70
	C	49.40	52.00	56.60	44.00	1:52.20
11 years	A	35.90	37.30	41.70	32.20	1:22.60
	B	40.40	42.00	46.90	36.20	1:33.00
	C	45.45	47.30	52.80	40.70	1:44.60
12 years	A	33.30	34.80	38.60	30.20	1:17.30
	B	37.50	39.20	43.40	34.00	1:27.00
	C	42.20	44.10	48.80	38.20	1:37.90
13 years	A	31.70	33.00	36.10	28.90	1:12.50
	B	35.70	37.10	40.60	32.50	1:21.60
	C	40.20	41.70	45.70	36.60	1:31.80
14 years	A	30.20	31.70	34.50	27.80	1:09.30
	B	34.00	35.70	38.80	31.30	1:18.00
	C	38.25	40.20	43.60	35.20	1:27.80
15 years	A	28.50	29.00	32.00	26.00	1:03.20
	B	32.50	33.10	37.00	30.00	1:14.50
	C	36.60	37.20	41.60	33.80	1:23.80

Girls Cut-Off Times (no faster than)						
Age	Grade	50m Fly	50m Back	50m Breast	50m Free	100m IM
9 years	A	44.60	47.80	50.30	37.70	1:37.30
	B	49.70	51.20	56.60	42.50	1:47.60
	C	55.30	58.30	1:02.40	48.00	1:58.70
10 years	A	39.10	40.10	45.60	35.20	1:29.60
	B	44.00	45.20	51.30	39.60	1:40.80
	C	49.50	50.90	57.80	44.60	1:53.40
11 years	A	35.90	36.60	41.70	32.40	1:21.80
	B	40.40	41.20	47.00	36.50	1:32.10
	C	45.50	46.40	52.90	41.10	1:43.70
12 years	A	34.40	35.30	39.50	31.20	1:18.30
	B	38.70	39.80	44.50	35.10	1:28.10
	C	43.60	44.80	50.10	39.50	1:39.20
13 years	A	32.90	34.00	38.10	30.30	1:15.70
	B	37.00	38.30	42.90	34.10	1:25.20
	C	41.60	43.10	48.30	38.40	1:35.90
14 years	A	32.10	33.60	37.00	29.40	1:14.20
	B	36.20	37.80	41.70	33.10	1:23.50
	C	40.80	42.60	47.00	37.20	1:34.00
15 years	A	31.40	33.20	36.20	28.80	1:11.60
	B	35.30	37.40	40.80	32.40	1:20.60
	C	39.80	42.10	45.90	36.50	1:30.70