

City of Bradford Swimming Club

Summer Meet – 21 June 2020 @ JCCS, Leeds

This meet is aimed at all club members who require electronic qualifying times in order to compete in future county and regional meets. Swimmers must not have swum faster than the upper limit time in the previous twelve months but must have swum faster than the lower limit time in the same period.

The entry fee is £5.00 per event plus admin of £2.00 per swimmer. Please send a bank transfer or make cheques payable to Skipton Swimming Club and place in the posting box at Craven Pool.

Event Schedule

Session One

Warm Up 8.00 am Start 9.00 am

- 101 Girls 400m Freestyle
- 102 Boys 200m Freestyle
- 103 Girls 50m Freestyle
- 104 Boys 100m Backstroke
- 105 Girls 100m Butterfly
- 106 Boys 50m Breaststroke
- 107 Girls 200m Individual Medley
- 108 Boys 100m Freestyle
- 109 Girls 50m Butterfly
- 110 Boys 100m Breaststroke
- 111 Girls 100m Individual Medley
- 112 Boys 50m Backstroke

Session Two

Warm Up 1.00 pm Start 2.00 pm

- 201 Boys 400m Freestyle
- 202 Girls 200m Freestyle
- 203 Boys 50m Freestyle
- 204 Girls 100m Backstroke
- 205 Boys 100m Butterfly
- 206 Girls 50m Breaststroke
- 207 Boys 200m Individual Medley
- 208 Girls 100m Freestyle
- 209 Boys 50m Butterfly
- 210 Girls 100m Breaststroke
- 211 Boys 100m Individual Medley
- 212 Girls 50m Backstroke

City of Bradford Swimming Club

Summer Meet – 21 June 2020

Closing Date: Monday 6 April 2020 9.00 pm

Name: _____

Age at 21 June 2020 _____

Events

- 50 Free
- 100 Free
- 200 Free
- 400 Free
- 50 Back
- 100 Back
- 50 Breast
- 100 Breast
- 50 Fly
- 100 Fly
- 100 IM
- 200 IM

Entry Time

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Entry Fee: £5.00 per event
plus £2.00 admin per swimmer

Total payment £ _____

Please tick Cheque Bank trans

PLEASE ENSURE YOU SEND YOUR ENTRY MONEY
WHEN SUBMITTING YOUR FORM - **NO PAYMENT NO SWIM**

Skipton SC

Account 17847808 Sort Code 05-09-09

Ref: *Swimmer* Bradford

Contact Name :

Contact Number :

Cheques to be made payable to Skipton Swimming Club

UPPER & LOWER LIMIT QUALIFYING TIMES

Swimmers must not have swum faster than the Upper Limit Time in the previous 12 months BUT must have swum faster than the Lower Limit Time in the same period.

BOYS - Upper Limit Times								GIRLS - Upper Limit Times							
Event	9	10	11	12	13	14	15/OV	Event	9	10	11	12	13	14	15/OV
50 Freestyle	35.8	33.2	31.5	29.5	28.0	26.8	26.4	50 Freestyle	35.3	32.8	31.3	29.9	29.0	28.5	28.1
100 Freestyle	1:21.0	1:11.5	1:07.5	1:03.0	1:00.5	58.2	56.4	100 Freestyle	1:21.0	1:12.1	1:07.2	1:03.7	1:02.0	1:00.9	1:00.2
200 Freestyle	2:47.9	2:32.5	2:24.4	2:15.8	2:08.9	2:03.8	2:00.4	200 Freestyle	2:49.7	2:33.1	2:24.5	2:16.9	2:12.9	2:10.9	2:09.0
400 Freestyle	6:06.0	5:20.6	5:00.2	4:44.5	4:30.9	4:21.9	4:15.2	400 Freestyle	6:12.5	5:24.9	5:00.1	4:44.6	4:37.2	4:33.1	4:29.3
50 Breaststroke	46.0	42.5	40.0	37.6	35.1	33.7	32.6	50 Breaststroke	46.8	42.7	40.1	38.0	36.6	35.8	35.2
100 Breaststroke	1:46.5	1:32.8	1:26.0	1:20.5	1:15.3	1:12.2	1:09.8	100 Breaststroke	1:45.0	1:33.3	1:25.9	1:21.3	1:18.1	1:15.8	1:15.1
50 Butterfly	39.7	36.4	34.0	32.3	30.6	29.3	28.3	50 Butterfly	40.2	36.3	34.5	32.7	31.7	31.0	30.4
100 Butterfly	1:38.2	1:22.6	1:15.5	1:10.4	1:06.2	1:03.3	1:00.1	100 Butterfly	1:39.0	1:22.5	1:15.7	1:11.0	1:08.8	1:07.0	1:06.4
50 Backstroke	40.6	37.4	35.5	33.6	31.6	30.5	29.4	50 Backstroke	40.7	37.4	35.5	33.9	32.8	32.1	31.8
100 Backstroke	1:31.5	1:21.4	1:15.3	1:10.9	1:06.7	1:03.8	1:01.7	100 Backstroke	1:32.0	1:21.4	1:15.4	1:11.2	1:08.8	1:07.6	1:06.4
100 IM	1:29.9	1:22.8	1:18.6	1:14.2	1:10.0	1:06.7	1:04.8	100 IM	1:31.0	1:21.1	1:18.4	1:14.7	1:12.0	1:11.0	1:10.1
200 IM	3:10.8	2:54.9	2:43.4	2:34.2	2:26.6	2:19.9	2:16.1	200 IM	3:12.5	2:54.8	2:43.2	2:34.7	2:30.7	2:27.7	2:25.8
BOYS - Lower Limit Times								GIRLS - Lower Limit Times							
Event	9	10	11	12	13	14	15/OV	Event	9	10	11	12	13	14	15/OV
50 Freestyle	48.5	45.3	42.3	39.7	37.0	34.4	32.4	50 Freestyle	48.5	45.5	42.5	39.9	37.7	36.2	35.2
100 Freestyle	1:49.0	1:39.3	1:31.9	1:25.7	1:19.6	1:14.1	1:10.1	100 Freestyle	1:49.1	1:40.1	1:31.8	1:25.7	1:21.1	1:17.8	1:15.9
200 Freestyle	3:54.0	3:35.4	3:19.8	3:06.8	2:54.0	2:41.4	2:33.2	200 Freestyle	3:52.8	3:34.0	3:18.2	3:04.7	2:54.3	2:47.6	2:43.2
400 Freestyle	8:27.2	7:34.4	6:59.5	6:33.0	6:05.8	5:42.0	5:23.1	400 Freestyle	8:25.6	7:33.2	6:52.9	6:25.1	6:04.3	5:50.4	5:40.9
50 Breaststroke	1:03.1	58.8	54.5	50.8	46.8	43.5	40.9	50 Breaststroke	1:03.4	58.8	54.3	50.6	47.6	45.5	44.2
100 Breaststroke	2:21.3	2:08.5	1:57.5	1:49.4	1:40.7	1:33.5	1:28.0	100 Breaststroke	2:20.3	2:08.0	1:56.4	1:48.5	1:41.6	1:36.7	1:34.5
50 Butterfly	54.4	50.3	46.5	43.8	40.6	37.6	35.2	50 Butterfly	54.3	49.9	46.5	43.5	41.0	39.3	38.1
100 Butterfly	2:08.8	1:53.4	1:42.7	1:35.5	1:28.3	1:21.6	1:16.8	100 Butterfly	2:08.8	1:52.6	1:42.1	1:34.6	1:29.3	1:25.2	1:23.3
50 Backstroke	55.8	51.8	48.2	45.4	41.9	39.2	36.7	50 Backstroke	55.5	51.7	48.1	45.1	42.6	40.8	39.9
100 Backstroke	2:02.2	1:52.5	1:42.8	1:36.2	1:28.9	1:22.4	1:17.6	100 Backstroke	2:02.9	1:52.3	1:42.5	1:35.2	1:29.7	1:26.1	1:23.6
100 IM	2:03.1	1:54.6	1:46.8	1:40.1	1:32.7	1:25.8	1:20.9	100 IM	2:03.7	1:52.7	1:46.2	1:39.4	1:33.4	1:30.1	1:27.7
200 IM	4:24.0	4:04.7	3:45.8	3:31.4	3:16.8	3:02.0	2:51.9	200 IM	4:23.5	4:03.1	3:43.7	3:28.3	3:17.1	3:08.9	3:04.0