



SKIPTON SWIMMING CLUB

Affiliated to the NE Counties ASA, Yorkshire ASA,
Bradford & District ASA and Airedale & Wharfedale District ASA
<http://www.skiptonsc.org.uk>

**CLUB
MARK**



Come and enter the **Skipton** **Swimming Club**



Stepping Stones Time Trials Series 2019/2020

Held at Craven Pool, Skipton 4-6pm

Gala 1: Saturday 14 December 2019

Gala 2: Saturday 7 March 2020

Gala 3 : Saturday 16 May 2020

If you want to take the next step towards competitive swimming, come and have a go at the Skipton Swimming Club Stepping Stones Time Trial Series. These galas are great for all ages and ability, no disqualifications. You don't have to dive off the block, you can start on the side or even in the water?

Lots of support and lots of fun

Could you be our next World Record Holder?

Ben Proud started swimming by joining a local club just like ours and improving his times until he became a European Champion and World record holder.

Swimmers will be timed in all four competitive strokes, over the series of three time trials, held throughout the swimming season. All times will be recorded and at the end of the series, the three swimmers in each age group who have made the biggest time improvements over the four events will receive awards at the Skipton Swimming Club Gala Presentation Evening.

Events are as follows: 50m Backstroke, 50m Breaststroke, 25m Butterfly and 50m Freestyle
8 Yrs & under, 9 Yrs, 10 Yrs, 11 Yrs, 12yrs, 13yrs & over.

Swimmers compete as age at 16 May 2020, the date of the last gala in the series

Entry Fee is £4.00 PER GALA - No late entries all with fully completed entry form



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Stepping Stones Time Trials Series ENTRY FORM



Gala 2

Saturday 7 March 2020

Held at Craven Pool, Skipton 4-6pm

Closing Date: Monday the 17 February 2019 8.30pm

Swimmers Name	
Age as at 16 May 2020	
Contact Telephone number	
Parent Name	

If you have not competed in Stepping Stones before please give us an idea of your approximate times. This is to ensure you compete with swimmers of similar ability. But please don't worry if you don't have times

50 Free	
50 Breast	
50 Back	
25 Fly	

How to enter

- Complete this form
- Place in Black Entry box located by the club notice board at Skipton SC
 - Enclose £4 cash or a cheque for £4 entry
 - Please make cheques payable to Skipton Swimming Club for £4.00 per gala and write on the reverse Stepping Stones Gala 1.
- Keep checking the notice board for confirmation of entry
- No late entries all with fully completed entry form.
- Parents/Swimmers – please take a photo of this entry form and keep for your record
- Any questions please email Amanda secretary@skiptonsc.co.uk