

Stepping Stones Time Trial 1 2010 Results 15/5/10

The Times Taken at TT1 are "Bench Marks" to record improvements.

DNC = (Did Not Compete)

Times Displayed in Minutes:Seconds.00

TT1 = Time Trial 1, TT2= Time Trial 2 Etc.

TD = Time Difference (Green = Reduction - Red = No Improvement)

Total Time Diff = Cumulative improvement

| Name | Age | Event | 50m Backstroke | 50m Breaststroke | 25m Butterfly | 50m Freestyle | Total Improvement |
|--------------------|-----|-------|----------------|------------------|---------------|---------------|-------------------|
| Abi Newton | 9 | TT 1 | 00:57.21 | 01:15.31 | 00:26.06 | 00:51.96 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Alfie Graham | 8 | TT 1 | 01:13.50 | DNC | DNC | 01:19.31 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Anna Morris | 11 | TT 1 | 01:05.53 | 01:05.67 | 00:31.87 | 00:53.40 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Bea Waller | 9 | TT 1 | 00:50.62 | 01:02.96 | 00:25.33 | 00:46.69 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Bethan Batson | 9 | TT 1 | 01:11.07 | 01:15.93 | 00:43.90 | 01:12.45 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Charlotte Dalton | 9 | TT 1 | 01:02.00 | 01:05.90 | 00:33.69 | 00:51.71 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Charlotte Harrison | 10 | TT 1 | 00:52.20 | 00:56.40 | 00:25.33 | 00:47.71 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Dylan Ward | 9 | TT 1 | 01:03.93 | 01:07.61 | 00:31.10 | 00:54.02 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Ellie Phillip | 10 | TT 1 | 00:48.71 | 01:00.25 | 00:25.96 | 00:49.28 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |

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| Ellie Sharp | 12 | TT 1 | 00:40.09 | 00:45.10 | 00:16.96 | 00:34.43 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Ellie Sharp | 12 | TT 1 | 00:40.09 | 00:45.10 | 00:16.96 | 00:34.43 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Emily McGonigle | 12 | TT 1 | 00:40.70 | 00:53.00 | 00:20.50 | 00:36.90 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Emily Cole | 11 | TT 1 | 00:49.25 | 00:57.68 | 00:23.29 | 00:45.31 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Emma Homard | 11 | TT 1 | 00:55.71 | 00:58.04 | 00:23.61 | 00:45.31 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Grace Homard | 9 | TT 1 | DNC | DNC | DNC | DNC | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Hetty Pickles | 10 | TT 1 | 00:48.81 | 01:00.50 | 00:21.56 | 00:42.61 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Holly Mathewman | 14 | TT 1 | 00:48.98 | 00:44.79 | 00:19.79 | 00:38.28 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| James Field | 10 | TT 1 | 00:46.23 | 00:59.25 | 00:24.15 | 00:45.31 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| James Whiteoak | 8 | TT 1 | 01:25.43 | 01:20.18 | 00:39.60 | 01:06.52 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Joshua Ling | 8 | TT 1 | 01:14.81 | 01:36.62 | 00:38.59 | 01:08.43 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |

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| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Kate Russell | 11 | TT 1 | 00:43.84 | 00:45.65 | 00:21.00 | 00:41.34 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Katie Handford | 12 | TT 1 | 00:52.68 | 00:53.02 | 00:27.24 | 00:45.56 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Leonie Harry | 10 | TT 1 | 00:53.91 | 01:07.68 | 00:30.25 | 00:48.37 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Lucy Goodfellow | 9 | TT 1 | 00:52.15 | 01:03.30 | 00:26.56 | 00:50.98 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Lucy McGonigle | 10 | TT 1 | 00:46.93 | 01:02.28 | 00:21.81 | 00:46.94 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Madeline Bell | 11 | TT 1 | DNC | DNC | DNC | DNC | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Millie Sharp | 11 | TT 1 | 00:45.62 | 00:58.52 | 00:20.42 | 00:41.06 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Molly O'Toole | 10 | TT 1 | 01:02.78 | 01:04.20 | 00:28.53 | 00:51.91 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Niamh Crompton | 10 | TT 1 | 01:11.90 | 01:21.62 | 00:37.03 | 01:03.50 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Olivia Dewhurst | 11 | TT 1 | 00:50.37 | 00:58.56 | 00:25.34 | 00:43.28 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Peter Almack | 11 | TT 1 | 00:50.03 | 00:58.06 | 00:23.03 | 00:44.15 | |
| | | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |

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| | 11 | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Robert Harker | | TT 1 | 00:49.96 | 00:54.21 | 00:21.34 | 00:41.28 | |
| | 10 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Rhys Watson | | TT 1 | 00:39.15 | 00:42.48 | 00:16.62 | 00:34.50 | |
| | 12 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Sam Shaw | | TT 1 | 00:49.52 | 00:57.09 | 00:23.96 | 00:42.56 | |
| | 13 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Sally Handford | | TT 1 | 00:42.48 | 00:45.84 | 00:20.29 | 00:36.84 | |
| | 13 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Samantha Titterton | | TT 1 | 00:38.45 | 00:41.37 | 00:17.65 | 00:34.37 | |
| | 11 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Sophie Ling | | TT 1 | 00:42.09 | 00:44.21 | 00:20.06 | 00:40.50 | |
| | 12 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Tabitha Holdsworth | | TT 1 | 00:43.79 | 00:45.84 | 00:18.27 | 00:38.30 | |
| | 10 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Toby Barlow | | TT 1 | 00:46.84 | 00:52.78 | 00:25.46 | 00:40.48 | |
| | 11 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Tom Russell | | TT 1 | 00:45.00 | 00:51.28 | 00:22.17 | 00:43.21 | |
| | 9 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |
| Tom Watson | | TT 1 | 00:38.21 | 00:45.34 | 00:16.25 | 00:32.79 | |
| | 13 | TT 2 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TT 3 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | |
| | | TD | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 | 00:00.00 |